

Home Learning Schedule – January, 2022

High School (Grades 9 to 12)

	Time	Activity	Suggested Minutes
Period 1	8:30-9:00 a.m.	Synchronous Instruction	30
	9:00-9:20 a.m.	Independent/Group work	20
Break	9:20-9:30 a.m.		
Period 2	9:30-10:00 a.m.	Synchronous Instruction	30
	10:00-10:20 a.m.	Independent/Group work	20
Physical Activity/ Wellness Break	10:20-10:40 a.m.		
Period 3	10:40-11:10 a.m.	Synchronous Instruction	30
	11:10-11:30 a.m.	Independent/Group work	20
Lunch	11:30- 12:30 p.m.		
Period 4	12:30-1:00 p.m.	Synchronous Instruction	30
	1:00-1:20 p.m.	Independent/Group work	20
Break	1:20-1:30 p.m.		
Period 5	1:30-2:00 p.m.	Synchronous Instruction	30
	2:00-2:20 p.m.	Independent/Group work	20
2:20 -3:00 pm			
Students		Staff	
Mindfulness Activities Independent Reading Physical Activity Academic support from teacher Completion of Assignments		Student Support Time Preparing lessons Assessing students Contacting home	